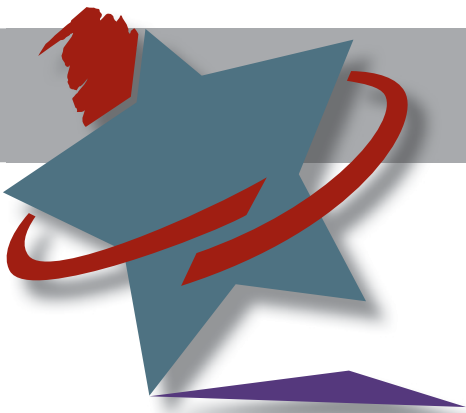


Help One Child is dedicated to recruiting, training and supporting those willing to provide a home or services for foster children.

Help One Child

Year End Report For the year ending June 30, 2011

858 University Ave., Los Altos, CA 94024 • (888) KID-HOPE • helponechild.org



What are the outcomes
for **foster youth** who age out of care **without a loving adult?**

By age 21...

- 1 in 7** experience **homelessness**
- 50%** will be **unemployed**
- 71%** of women will become **pregnant**
- 77%** of males will be **arrested**
- 20%** of males will become **career criminals**
(versus 5% of the general population)

This disparity will cost taxpayers \$4.8 Billion over the course of their lifetimes*.

We simply **cannot** afford to **ignore** the price we pay **socially, economically, and culturally.** We must **invest** in the **1,100** foster youth in our **region** let alone the nearly **30,000** who will **emanipate nationwide** this year. They **deserve** our **attention!**

The Mission of Help One Child **fills the gap** between what the social service system provides and what is actually needed to **raise** the **standards** and the **outcomes** for each foster child.

*Statistics taken from the film documentary "Place to Place" that chronicles the outcomes that drove the legislative quest for the 2008 Fostering Connection to Success Act that states struggle to fund.

Team

- Susan Herman**
Executive Director
- Judy Holmes**
Director, Support Services
- Kim Blomdal**
- Jill Sandy**
Director, Community Dvlpmnt
- Cari Michel**
Office & Program Manager
- Cathy Lewis**
Program Manager
- Julie Handel**
- Beth Walker**
Special Projects

Board

- Dan Van Elderen, Co-Chair**
- Judi Van Elderen, Co-Chair**
- Mark Morris, President**
- Sandi Orlando, RN, Sec'y**
- General Members:*
- Cris Goodman, JD**
- Jo Anne Morris**

Finances 10-11

Union Presbyterian Church donates the ministry's corporate offices and use of its facilities for programs. Hundreds of volunteers provide thousands of hours of administrative, program, and in-home support.

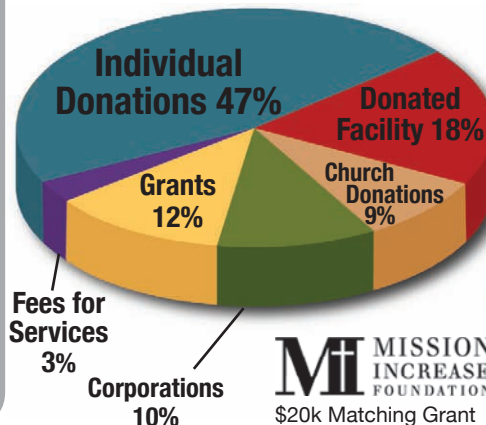
Income Comparison

Income Fiscal Year 09-10	\$382,000
Income Fiscal Year 10-11	\$430,000
Budget 11-12	\$422,000

On May 1, the organization held its first annual Mission Increase Banquet to raise funds for further outreach. Generous donors sponsored 24 tables hosted by ministry champions. Guests were touched by the testimonies of just a few of the many who have opened their home to a child in need. Proceeds from the evening exceeded \$80,000.

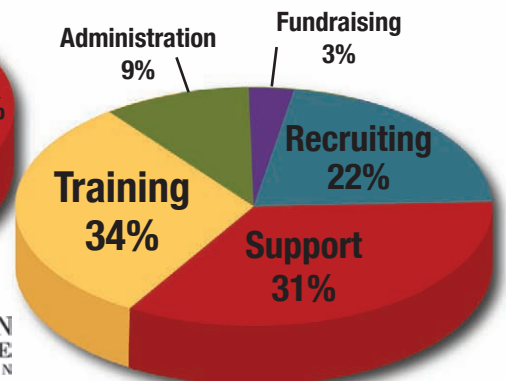
Total Income

\$430,000



Total Expenditures

\$420,000



Recruiting

Church Participation

The following churches have been directly involved in supporting the mission this fiscal year:

Belmont Congregational Church of Belmont **Burlingame** First Presbyterian Church Burlingame, Good Shepherd Lutheran Church **Cupertino** Abundant Life Assembly of God, Bethel Lutheran, Peninsula Bible Church **Foster City** Central Peninsula Church, St Ambrose Episcopal Church **Gilroy** St. Mary Parish **Los Altos** Bridges Community Church, Foothill Congregational, Foothill Covenant Church, Los Altos Lutheran Church, St Simon Catholic Church, Union Presbyterian Church, St Nicholas Catholic Church, United Methodist Church **Menlo Park** First Baptist Church of Menlo Park, **Menlo Park Presbyterian Church**, St Anthony Church, St Denis Catholic Parish **Millbrae** Central Peninsula Church **Morgan Hill** Morgan Hill Bible Church, West Hills Community Church **Mountain View** First Presbyterian Church Mountain View, **Open Door Church**, St Paul's Lutheran Church **Palo Alto** All Saints' Episcopal, Covenant Presbyterian Church, First Congregational Church of Palo Alto, First United Methodist Church, Grace Lutheran Church, Grace Presbyterian, **Peninsula Bible Church**, Unity Palo Alto Community Church, Vineyard Christian Fellowship of the Peninsula **Redwood City** Peninsula Covenant Church **Roseville** **Valley Springs Presbyterian Church San Carlos** Church of the Epiphany, New Hope Peninsula Church, Trinity Presbyterian, Vineyard Church of the Mid Peninsula **San Jose** Christ the Good Shepherd Lutheran, Cornerstone Community Church, Gloria Dei Lutheran Church, New Creation Lutheran, Queen of Apostles, Santa Teresa, St. Timothy's Lutheran Church, **WestGate**, Neighborhood Bible Church **San Mateo** Congregational Church of San Mateo, **First Presbyterian Church San Mateo**. Hope Evangelical Lutheran Church, **Open Door Church**, Western Hills Church **Santa Clara** Calvary Baptist Church, Hope Lutheran Church **Saratoga** Church of the Ascension, Immanuel Lutheran Church, Saratoga, Saratoga Presbyterian Church **Sunnyvale** **Crosswalk Community Church**, Sunnyvale Presbyterian Church, Trinity Church.

Help One Child Ambassador churches (in red) provide funding, host special events, and have a core of volunteers that are engaged in active outreach to foster families in and around their community.

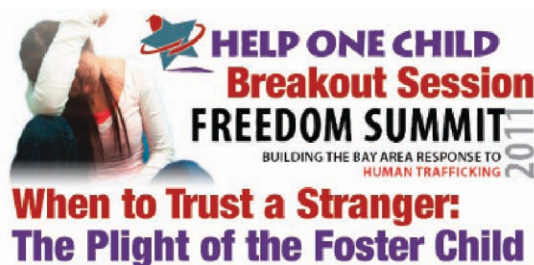
New Ambassador Churches



For over 10 years, Pastor Linda Jackson has included the ministry in CCC's mission program and monthly giving. This past year, CCC hosted Help One Child's volunteer training for respite providers. Marie McMullin's band of quilters and sewers created a quilt for every camper at our Signs of Hope Camp and sewed a stocking for all 190 children at our Christmas party.



Rev. Shannon Pappas and ministry advocate Jenny Young, both adoptive parents, have taken a strong stance for the ministry. FPCSM now hosts the Parent Child Connection monthly parent support group. Their children's ministry reaches out through special projects to foster children in need.



Joining the Bay Area Anti-Trafficking Coalition's call to raise awareness of modern day slavery and exploitation of vulnerable populations, Executive Director Susan Herman invited Linda Ikeda, RN/MFT and Sarah Kremer of Friends for Youth to lead

a session. Their combined presentation underscored the affects of trauma on a child's ability to attach, the critical need for preventative education for teens, and how impactful a truly committed loving adult can be in helping an at-risk child become a healthy, functioning member of the community. Attendees consisted of volunteers and professionals from all over the Bay Area.

Jill Sandy

Director, Community Development

Help One Child welcomed Jill in February 2011 to lead its recruitment efforts and deepen the ministry's relationships with participating churches through creative recruitment and volunteer deployment. A foster parent herself, Jill understands firsthand the advocacy a child needs.



Church Recruitment

Participating Churches	66
Individual Church Presentations	10
Mission Fairs/Special Events	8
Home Church Orientations	10
Conferences / Conventions	3

Individual Recruitment

Orientation Attendees	162
New Prospective and In-Process Foster Parents	18
New Families Receiving Services	38
New Volunteers	242



Children of Trauma and Loss

July 31, 2010 Parents and volunteers learned about trauma affects on the brain and emotions, assessment of indicators and symptoms of trauma, requirements for healing, and treatment for varied types of trauma and levels of severity.

Led by **Rev. Dr. James Witty**



Our Most Difficult Kids – Parenting the Prenatally-Exposed Child

Nov 16, 2010

Parents learned about the prevalence and range of FASD, how to recognize it in your child and what it's like from

the child's perspective. General principles of support and intervention were discussed.

Led by **Kathryn Page, PsyD**

Reset Day Jan 8, 2011 Past campers and PCC families attended a refresher course on skill-based parenting techniques. 28 Adults, 25 Children and 19 volunteers attended.

Led by **Don Williams, PsyD and Linda Ikeda, RN/MFT**



Perspectives on the Teen Years

Feb and March 2011 A series of workshops for teens who have experienced separation from birth parents and for the parents who are

guiding them now. Each workshop provided pieces of a puzzle that, when put together, helped both parents and teens better understand: Being a Trauma Survivor, Practical Plans of Action, Methods of Healing for Parent and Child. Led by **Tom & Ginger Burns, Peter Raap, Don Williams, PsyD, and Linda Ikeda, RN/MFT**

Power of Connection

March 5, 2011 This seminar launched the new San Mateo County support group with a look at life from a child's perspective, helping parents

learn and practice concrete tools to craft emotionally attuned responses, create connections, navigate transitions and use "Action Not Anger" to set limits effectively. Led by **Greg Galati and Janaki Tompkins**



A Meal. A Message

A Model. Aimed at children age 6 to 12 who have experienced

a disruption in early childhood development. The curriculum, which includes a healthy dinner, creatively develops skills such as communication, self-esteem, relationships, reciprocity, building character and values, handling emotions, making transitions and following social cues. Volunteer staffed at a ratio of 1:2 to maximize individual attention while parents take a break for themselves.



"I cannot thank you enough for offering this program. The whole family uses the materials you send home."

Year-Round Resources

The ministry maintains a help line and matches volunteers and donated goods with families in need. A lending library of resource books, tapes and DVDs on various parenting and other referrals are available.

Regular Trainings

CPR/1st Aid Classes	8
M-Power Life Skills	8
You, Me & God	36

Education and Support Programs

Education Seminars/Trainings	9
Parent Child Connection (4 locations/month)	40
Adult Participants	1520
Child Participants	1326
Volunteers in Assistance	892

Help One Child is certified by the CA Board of Behavioral Sciences to grant Continuing Education Units.

Help One Child is dedicated to recruiting, training and

Supporting

those willing to provide a home or support services for foster children.

Parent Child Connection

Monthly Training and Support Group
Structured Childcare Provided

Locations

Los Altos
Morgan Hill
Roseville
San Mateo



principles and practical methods for improving family dynamics and bonding. Structured childcare is provided at no cost with advance notice.

Publications & Newsletters: *For Foster/Adoptive Parents* - An e-letter frequently offering donated goods and services. *Dividends* - An e-letter depicting the home ministry at work. *Prayer Team Requests* - Weekly emails alert 66 prayer warriors about family prayer requests and praises. *Special Needs Emails* - When material needs necessary to a foster child's placement or transition arise, needs are quickly met by ministry supporters.

Giving Tree Donor generosity at churches and corporations enabled the ministry to deliver 1,660 new Christmas gifts to foster children in home care and group and receiving homes throughout our region.

Lisa Carlson was our volunteer extraordinaire this past year, investing countless hours as Camp Director for the ministry's summer camp for at-risk children. Using her 9 years of experience as a counselor, director, and liaison to MPPC's staff and dedicated "Impact Group" and other volunteers, Lisa was instrumental in the successful transition of this important program for foster children ages 8-12.

Christmas Party - On December 11th, 192 children and their families enjoyed dinner, crafts, games, pageant and Santa.

Easter Eggstravaganza - On April 23rd, families of 72 children heard the Easter Story performed by Valley Christian high school volunteers, created holiday crafts and enjoyed an Easter egg hunt.

Mother's Day Brunch - On May 8th, 30 moms enjoyed a delicious brunch and each other's company while listening to adoptive mom Marilyn Anaker's inspirational message.

Tuesday Night Supper Club - Dedicated volunteers work alongside children at San Mateo County's Receiving Home, preparing and sharing a weekly meal and encouragement.

Parent Child Connection - Professional trainers provide monthly parent support and feedback, teaching related psychological

Ministry Network

Foster, Adoptive, Kinship, FUP Families	605
Parent Child Connection Support Group Families	474
Volunteers	1251
Volunteer Hours*	15500
*does not include in-home service hours	
Churches	862
Foster and Adoption Agencies	40
Friends of Help One Child	4435



Forty-three remarkable volunteers invested 3,700 service hours in extensive training to be residential counselors and raising the necessary funds for 46 at-risk youth to enjoy a week of swimming, boating, ropes course, zip line, and creatively crafted Bible club activities at Mount Hermon's Redwood Camp, August 2010.

For three hours on Sunday mornings, foster and adopted children from 5 to 11 years old attend a class designed to

enhance their relationship to others and to God. Tammy Greer, MSW, JoAnne Morris, and Diana Mesa teach this class with the help of volunteers, giving parents time to worship and rest.

