



**HELP
ONE CHILD**

Dividends

Mission to Children at Risk

October 2002

Issue 43

1-888-KID-HOPE

www.HelpOneChild.org

RAD Camp Valuable to Families

In August, fourteen adoptive and foster families attended a weeklong camp under the redwoods at Mt. Cross Lutheran Camp. Nancy Thomas, a world class parenting specialist in the area of Reactive Attachment Disorder, worked day and night with parents and their children teaching and coaching new parenting models. Below are excerpts from feedback from the families and volunteers.

“Our experience at Help One Child’s family camp for Reactive Attachment Disorder has improved our parenting skills and renewed our faith in our child’s ability to heal. —Another positive aspect of the camp is the incredible support system of other parents and the ability to bond with other parents that have firsthand experience raising children with RAD.” — RJ and Shawn Citarelli

“—This week of camp I so appreciated the Christ-centered foundation. I needed that element desperately. My hat is off to you all! You put together a tremendous program. Thank you.” Stephanie Williams

“—working at camp was some of the most intensely fulfilling time I have ever spent helping at anything. —I thank Help One Child for the chance to be involved in such a powerful, moving experience.” — Mike Amaro (volunteer)

“Wow, what a privilege to be a part of something so important. The transforming work that occurs, both with kids and parents, is beautiful to observe. Nancy Thomas is “real” approachable, and truly gifted.” —Linda Ikeda (volunteer / observing licensed therapist)

The Cost of RAD Camp

Camp required a lot from volunteers. Before camp even began, the entire camp staff and 17 volunteers had to receive six hours of training from Nancy Thomas so that they could help her teach and support the families who came to camp. Special thanks goes to the Duvillier family for helping with the babies, and to Kristi Clarke, Sharon Langmead, Mike Amaro, Laura and Alicia Morris, Judy Holmes and Genevieve Williams who ran “Starbucks,” We also appreciate therapists Jackie McCullough, Linda Ikeda, Wendy Witham, Sarah Carlson and Dr. Don Williams who came to observe and help out.

Because large amounts of financial resources have already been spent on family counseling, doctor appointments, and other therapies for the children, it is sometimes difficult for families to pay for camp. Help One Child is extremely grateful for the willingness of Nancy Thomas to work for a minimal fee because of her love for our special families. We also thank the individuals and the following



Lutheran churches that provided scholarships: Coastside, Half Moon Bay; St Andrew’s, San Mateo; St. Timothy’s, San Jose; Holy Cross, Pacifica; Grace, San Francisco; Christ, The Good Shepherd, San Jose; and Bethel, San Jose.

Help One Child Re-Thinks the Ministry

Because of the need to scale back financially until giving can catch up with need, Help One Child is seeking ways to streamline services, preserving those that help foster children and their families the most while considering the future.

Clover Closet While Help One Child will no longer be staffing the clothing/equipment resource center, the ministry will still be accepting donations for the closet and welcoming those who would like to volunteer to help hold the closet open for foster parents.

Volunteers More than ever, volunteers with grant writing capabilities, event planning experience, and public relations skills are needed at Help One Child. Also help is needed in the office from time to time.

It Finally Happened!

After months, two years actually, of clearances, trainings, prayer, and safety-proofing the house, Sharon and Larry Langmead are finally foster/adoptive parents! All who know them rejoice for the baby and toddler who joined this loving and well-prepared couple in September.

Help One Child Statistics

One Year Ending June 30, 2002



Foster Care

Families Currently in Network	78
Children Currently in Network	180
Children adopted in Last Year	5
Total Foster Families on Mailing List	273

Volunteers

Total Foster Care Support Network	2473
Volunteer Hours Donated	8119

Recruiting and Training

Churches

Churches where presentations were made	44
Number of individual Church presentations	132
Churches involved in "Specific Child Efforts"	400+

Recruitment Results

Orientation and screening events	25
Orientation Workshop Attendees	158
Recruited Foster parents in process	52
Recruited Respite volunteers in process	45
Foster Homes that Completed Processing	11

Classes

CPR & 1 st Aid Classes	12
Water Safety Classes	2

2002 Church Participation

Following are some of the churches directly involved in recruiting foster parents and supporting the ministry over the past year.

1st Baptist - San Mateo	Peninsula Bible Church North - Palo Alto
1st Presbyterian - Mt View	Prince of Peace Lutheran San Bruno
Alum Rock United Methodist	Queen of Apostles Catholic - San Jose
Bethel Lutheran Church - Cupertino	Sacred Heart Catholic - San Jose
Cambrian Park Church of Nazarene	So. Valley Christian Church Morgan Hill
Christ The Good Shepherd Lutheran	St Lucy Catholic - Campbell
Church of the Resurrection Sunnyvale	St Mary Parish - Gilroy
Coastside Baptist - Half Moon Bay	St Simon Catholic- Los Altos
Community Bible Church - Mt View	St. Andrews Episcopal - Saratoga
Cornerstone Church - Los Altos	St. Christopher Catholic Parish
Crosswalk Church - Sunnyvale	St. John Vianney Catholic - San Jose
El Camino Christian - Sunnyvale	St. Joseph Catholic Cathedral
Emmanuel Baptist - San Jose	St. Lawrence Catholic Church
Faith Lutheran Los Gatos	St. Nicholas Catholic Los Altos
Holy Cross Catholic Church	St. Pauls Lutheran Mountain View
Holy Family Catholic Church- San Jose	St. Victors Catholic San Jose
Holy Spirit Catholic - San Jose	The Highway - Palo Alto
Home Church - Campbell	True Vine Baptist- San Jose
Hope Lutheran - Santa Clara	Union Presbyterian - Los Altos
Immanuel Lutheran San Jose	United Methodist Church of Los Altos
Jerusalem Baptist Palo Alto	University Lutheran Church - Palo Alto
Lutheran Deanery Santa Clara Co	Westgate Bible Church - San Jose
Menlo Park Presbyterian	
Most Holy Trinity San Jose	

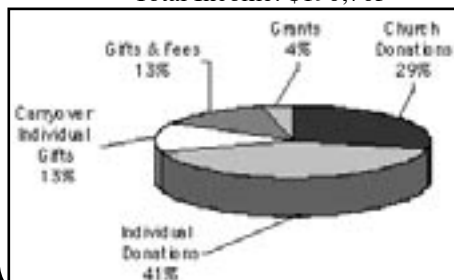


Financial Report

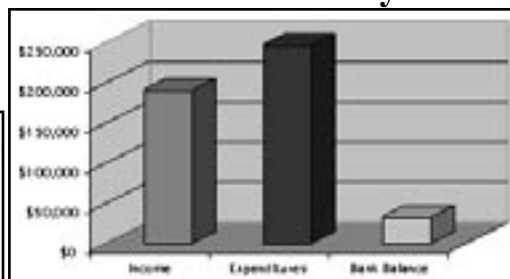
Fiscal Year Ending
June 30, 2002

Fiscal Year Income

Total Income: \$190,765

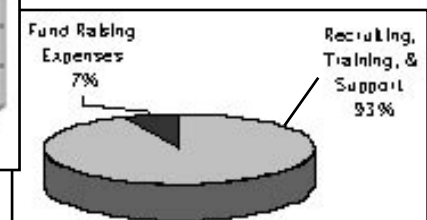


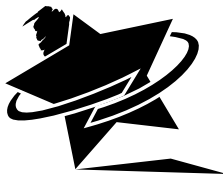
Summary



Fiscal Year Expenses

Total Expenses: \$246,900





Special Programs and Events

Eggstravaganza Easter Egg Hunt
24 volunteers,
71 children, 32 adults



Kids face-painted at the **Annual Picnic** following the **Walkathon**. (see story)



Other Activities

Parenting Class on Fostering and the Courts
With Attorney Regina Deihl

Foster Parent Hot-Line for respite and individual needs, operates 9-5 Monday through Friday

Clover Closet clothing and equipment closet (newly renovated by Bovis Lend Lease) operated by staff and volunteers.

Monthly CPR & 1st Aid Classes
2 Water Safety Classes

Camping Opportunities

included TYM camp and Royal Family Kids Camp as well as the Mt Cross attachment training camp (see story)

Fall Harvest Festival of games and entertainment
30 volunteers, 130 children, adults 72

Volunteer Appreciation Brunch

49 guests enjoyed speaker Ruth Wyckoff.

Free... TP... tests and Health services



Craft Room at 8th
Annual Foster Family Christmas Party. Party includes crafts, games, a Christmas store, dinner, Santa Claus, and a Christmas Pageant
102 Volunteers, 59 Adults, 125 children.



On going, once a month, **Attachment Support Group.** Therapist led, open to all adoptive and foster parents working with attachment disorder children (free child care).

Homes & Helpers Needed for These Kids

Kelly, a 17-year old African-American girl, still needs a low cost room near San Jose City College in October. She is a pleasant girl, just leaving foster care, with a desire to be in a supportive household where she can contribute to the household while attending school.

Eric, an 11-year-old Caucasian boy, still needs a long term foster home able to work with him on his attachment issues.

Ricky, a 16 year-old foster youth near Independence High School, still wants a male mentor.

Sean, the 10 year-old Caucasian boy whose grandpa still cares for him, still needs a home. Six families responded initially and it is possible that one of these might work out.

Congratulations to the Williams family for getting licensed for the purpose of taking the boy we advertised as **"David"** into their home!

It was a Walkathon, a Picnic, an Art Show, a Raffle, and a Fun Time for Kids!

The T-Shirts and water bottles said, "Take a Step... Help One Child" and lots of people did just that. The July 27th walkathon raised nearly \$16,000 dollars thanks to the efforts of 114 walkers and key organizer Rosemarie Nola.



Emma Prusch Park bustled with activity as volunteers and staff at Help One Child arrived early to set up registration and coffee for the 10 a.m. walk. An auction of foster children's art, a DJ's lively entertainment and a beautiful morning greeted the walkers and 69 volunteers, many of whom stayed after the walk to host the foster family picnic and carnival. An array of food, games for the kids, popcorn, snowcones, and sore-muscle massages kept everybody busy. Forty-two prizes were raffled, including the grand prize of a free week in Cancun won by former foster mom Betty Lopez.

Christmas Party Planning Starts Now!

Can you help with the annual Help One Child Christmas party? Help One Child is looking for volunteers and gift-givers who would like to be part of this happy celebration of Christ's birth. There are three ways you can help.

1. Become a gift-giver by purchasing a modest gift for a foster child or family of foster children. (\$20 is the suggested gift cost.) To do this, call Judy at Help One Child (650-917-1210) for the name of a child or family and a list of items that would be appropriate.

2. Join the fun and help with the party by working with the set-up, the food, crafts, games, the nativity and music program, or the clean-up.

3. Send a party check to Help One Child to help underwrite the expenses of the Christmas party. Be sure to indicate on your check that the donation is for the party. (All donations are tax deductible as allowed by law.)

Thank you!

Saying Goodbye to Rosemarie and Diann

It is a sad reality of the financial times to have to downsize the Help One Child ministry by saying good-bye to Rosemarie Nola and Diann Murphy. Rosemarie worked very hard for the ministry and made dozens of friends and contacts in her 9 months at Help One Child. Her talents, gifts, and energetic spirit will be missed by everyone. Diann Murphy's leaving will end the ministry's involvement in Clover Closet which Diann was instrumental in transforming into a well lighted, clean and efficient resources for foster children's clothing and equipment. Diann has worked part time for Help One Child for over three and one half years, and has been a gracious and helpful ministry servant in party after party and campaign after campaign.

Fatherhood Conference

With a Great Ideas grant from the Community Foundation Silicon Valley, Help One Child was able to have a parenting class for foster and adoptive dads and a fun time for their children. On August 3, 17 dads received "great ideas" for parenting their kids from Dr. Don Williams, while 30



children and 15 volunteers went ice skating and did crafts/games at the Logitech Ice Arena in San Jose. The day ended with moms invited to join the dads and kids at the Giants game with free tickets provided by BMC Software. What a great idea!

RFC Grant Provides Library

With (almost) 100% financing from a grant from the Resources for Families and Communities, the RAD Support Group now has a handsome bookcase full of the most up-to-date parenting books available on the subject of Reactive Attachment Disorder and other related mental health issues. All Help One Child foster parents, as well as members of the support group, are welcome to borrow books from this collection.

Additionally, RFC invites all our families, as well as volunteers and friends, to participate in their annual Multi-Cultural Festival on Saturday, October 12, at San Jose History Park, 10 a.m. to 6 p.m. Free admission and BBQ at noon. Visit www.rfcommunity.org for more info.



Calendar	Oct	Nov	Dec
Orientation Thursday 7 - 9 pm	17	14	12
Orientation Saturday 9 - 11 am	19	16	
CPR & 1ST Aid Saturday 8:45 a.m. - 1 p.m.	19	16	
Attachment Support Group Thursday 6:30 - 8:30 pm	17	21	12
Family Parenting class Saturday 9 am - 1 pm	19		
Harvest Festival Saturday 4:30 - 7 pm	26		
Silicon Valley Marathon	27		
Christmas Party Saturday 4:00 - 7 p.m.			7